

TBS / 2021 November Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1.11.2021	Cal	2.11.2021	Cal	3.11.2021	Cal	4.11.2021	Cal	5.11.2021	Cal
Lentil Soup	238	Broccoli Soup	110	Tarhana Soup	180	Yogurt Soup	150	Pumpkin Soup	160
İnegöl Meetball	280	Chicken Chop	239	Baked Potatoes	253	Forest Kebab	294	Meetball&Chicken&Sausage	301
Fresh Bean	117	Eggplant	124	Bean	146	Cabbage	147	Purrlane	114
Penne	230	Noodle	284	Rice	210	Bulgur Pilaf	215	Rice	210
Green Salad		Green Salad		Green Salad		Green Salad		Tomato&Cucumber	
Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad	
Red Cabbage salad		Cucumber Pickle		Beet Salad with Yoghurt		Red Cabbage salad		Red Cabbage salad	
Yoghurt		Yoghurt		American Salad		Yoghurt		Beet Salad with Yoghurt	
Courgette with Olive Oil		Bulgur		Cauliflower with Olive Oil		Leek with Olive Oil		Ayran	
Starking Apple		Croissant		Mandrin		Pastry With Cheese		Cookies	

8.11.2021	Cal	9.11.2021	Cal	10.11.2021	Cal	11.11.2021	Cal	12.11.2021	Cal
Lentil Soup	238	Corn Soup	205	Tarhana Soup	180	Broccoli Soup	110	Lentil Soup	238
Meetball with Mashed Potatoes	320	Chicken Fillet	239	Turkish Paper Kebab	191	Lasagne	260	Chicken Döner	301
Courgette with Rice	128	Veggy Graten	205	Spinach with Eggs	167	Bean	146	Cauliflower	213
Rice Pilaf with Corn	210	Fusilli with Olive	230	Bulgur Pilaf with Tomato	215	Stuffed Grape leaves with Olive Oil		Rice	210
Green Salad		Green Salad		Green Salad		Green Salad		Green Salad	
Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad	
Red Cabbage salad		Lentil Ball		Wheat Salad		Red Cabbage salad		Cucumber Pickle	
Yoghurt		Cacik		Yoghurt		Yoghurt		Red Cabbage salad	
Bean With olive oil		Eggplant With Olive Oil		Celery with Olive Oil		Eggplant Salad		Yoghurt	
Brownie		Orange		Pastry With Potatoes		Green Apple		Pastry	

15.11.2021	Cal	16.11.2021	Cal	17.11.2021	Cal	18.11.2021	Cal	19.11.2021	Cal
Lentil Soup	238	Yogurt Soup	150	Noodle Soup	235	Tarhana Soup	180	Tomato Soup	150
Meetball with Pide and Yoghurt	337	Chicken Cubes with Soya Souce	239	Stuffed Grape leaves with meet	238	Turkey Wings	186	Fish with Baked Potatoes	195
Mixed Vegetable	185	Celery and Potatoes	224	Spinach with Tomatoes	114	Chickpeas	147	Meushrooms with California Peppers	189
Rice	210	Napolitan Soslu Farfalle	230	Cuscus	210	Rice	210	Spaghetti	210
Green Salad		Green Salad		Green Salad		Green Salad		Green Salad	
Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad	
Kisir		Red Cabbage salad		Beet Salad with Yoghurt		Red Cabbage salad		Red Cabbage salad	
Yoghurt		Yoghurt		Yoghurt		Yoghurt		Bean	
Artichokes With Olive Oil		Leek With Olive Oil		Green Lentils Salad		Eggplant Şakşuka		Veggy with Olive Oil	
Pear		Pastry with Cheese		Kiwi		Cake with Grape		Mandrin	

20.11.2021	Cal	21.11.2021	Cal	22.11.2021	Cal	23.11.2021	Cal	24.11.2021	Cal
Lentil Soup	238	Yogurt Soup	150	Carrot Soup with Cream	146	Lentil Soup	238	Bulgur Soup	146
Meetball with potatoes	383	Chichken With Spinach	219	Stuffed Peppers	262	Steak with Mushrooms	397	Fish Finger&Patates Kızartması	249
Frersh Bean	117	Cauliflower Graten	177	Bean	146	Mixed Vegetable	76	Peas	144
Rice	225	Noodle	230	Turkish Ravioli		Rice	210	Spaghetti	230
Green Salad		Chef Salad		Green Salad with Cheese		Green Salad		Green Salad	
Carrot Salad		Carrot Salad		Carrot Salad		Carrot Salad		Radish Salad	
Red Cabbage salad		Beet Salad with Yoghurt		Red Cabbage salad		Red Cabbage salad		Carrot Salad	
Yoghurt		Yoghurt		Yoghurt		Yoghurt		Red Cabbage salad	
Celery Salad		Veggy Fried		Courgette With Olive oil		American Salad		Bean	
Straking Apple		Chocolate Brownie		Pear		Milfoy Pastry		Red Globe Grape	

27.11.2021	Cal	28.11.2021	Cal	29.11.2021	Cal	30.11.2021	Cal
Chicken Soup		Tarhana Soup	180	Corn Soup	205	Rice Soup	228
Meetball	337	Chicken with Sweet Chili Souce	245	Beef with Mushrooms	397	Turkey	265
Cabbage	171	Courgette with Rice	185	Eggplant	114	Potatoes With Cream	229
Rice	210	Baked Macaroni	195	Rice	218	Penne Arabiata	210
Green Salad		Green Salad		Green Salad		Green Salad with Apple	
Carrot Salad		Carrot Salad		Carrot Salad		Potatoes Salad	
Cucumber with Yoghurt		Red Cabbage salad		Red Cabbage salad		Carrot Salad	
Yoghurt		Yoghurt		Yoghurt		Yoghurt	
Mushrooms With Olive Oli		Broccoli With Olive Oil		Wheat Salad		Artichokes With Olive Oil	
Mandrin		Biscuit Dessert		Banana		Portakalli Kek	