

TBS / 2021 December Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Cal		Cal		1.12.2021		2.12.2021		3.12.2021	
				Corn Soup	205	Yogurt Soup	150	Mercimek Çorbası	238
				Chicken Wings	239	Turkey Tandoori	186	Panga Fish&Roasted Potato	195
				Eggplant without meat	114	Oven Potato with Cream	229	Etsiz Bezelye	144
				Pasta	218	Penne Arabiata	210	Spaghetti	230
				Green Salad		Green Salad		Green Salad	
				Carrot Salad		Red Cabbage salad		Radish Salad	
				Red Cabbage salad		Carrot Salad		Carrot Salad	
				Yogurt		Yogurt		Red Cabbage salad	
				Broccoli with Oliveoil		Artichoke with Oliveoil		Bean Salad	
				Banana		Orange Cake		Pastry With Potato	
6.12.2021		7.12.2021		8.12.2021		9.12.2021		10.12.2021	
Cal		Cal		Cal		Cal		Cal	
Pumpkin Soup	160	Rice Soup with Yogurt	108	Lentil Soup	238	Tarhana Çorbası	180	Noodle Soup	235
Meatball	267	Eggplant with Meet	315	Sauteed Meat with Mushrooms	397	Chicken Schnitzel	285	Hamburger Day	
Roasted Mushroom	189	Veggy Graten	205	Roasted Chard	165	White Cabbage	171	Mushroom&Cheddar&Veggy Hamburgers	
Pilaf with Carrot	210	Bulgur Pilaf	215	Rice Pilaf	210	Fusulli with Olive	230	Spaghetti Bolognese	210
Green Salad		Green Salad		Green Salad		Green Salad with Cheese		Green Salad	
Carrot Tarator		Carrot Tarator		Carrot Tarator		Carrot Tarator		Russian Salad	
Peppers Salad		Mexican Bean Salad		Red Cabbage salad		Red Cabbage salad		Mixed Pickle	
Fresh Bean with Oliveoil		Red Cabbage salad		Yogurt		Yogurt		Eggplant Salad	
Yogurt		Yogurt		Bean Salad		Bulgur with Pomegranate Souce		Yogurt	
Red Apple		Pastry With Cheese		Orange		PopCorn		Mandrin	
13.12.2021		14.12.2021		15.01.1900		16.12.2021		17.12.2021	
Cal		Cal		Cal		Cal		Cal	
Lentil Soup	238	Carrot Soup with Cream	146	Lentil Soup	238	Bulgur Soup	146	Tomato Soup	
Meatballs with Barbeque Souce	239	Chicken Döner	240	Fish with Baked Potatoes	195	Stuffed Grape leaves with meet	238	Christmas Turkey	
Roasted Spinach	175	Potatoes with Celery	224	Courgette with Rice	124	Peas	190	Mixed Roasted Vegetables	
Noodle	218	Rice Pilaf	210	Farfalle with Napolitan Souce	210	Noodle	230	Pilaf	
Green Salad with dry apricot		Green Salad		Mixed Green Salad		Green Salad		Green Salad	
Carrot Tarator		Şakşuka		Carrot Tarator		Radish Salad		Haydari	
Red Cabbage salad		Cucumber with Yogurt		Red Cabbage salad		Yogurt		Broccoli with Oliveoil	
Yogurt		Green Lentil Salad		Veggy with Olive oil		Bulgur with Pomegranate Souce		Lentil Meatballs	
Brussels Cabbage with Oliveoil		Red Cabbage salad		Tahini Halva		Sweet Potatoes		American Salad	
Green Apple		Muffin		Banana		Pastry With Spinach		Brownie	