

## TBS / 2019 September Lunch Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 Sep 2019	KAL.	3 Sep 2019	KAL.	4 Sep 2019	KAL.	5 Sep 2019	KAL.	6 Sep 2019	KAL.
		Strained Lentil Soup	238	Tomato Soup	238	Lentil Soup	180	Yayla Soup	212
		Meatball	280	Sauteed Meat with Vegetables	256	Yoghurtlu Pasty	322	Chicken with Soy Sauce	180
		Purslane	165	Cauliflower Graten	213	Pea	190	Spinach with Tomato	168
		French Fries	289	Rice with Carrot	236	Pastry with Cheese	228	Fusulli with Olives	221
		Season Salad		Salad		Heydari		Garden Salad with Cheese	
		Tzatziki		Bulgur Meatball		Carrot Salad		Bulgur Salad	
		Carrot Salad		Carrot Salad		Chef Salad		American Salad	
		Yoghurt	46+	Yoghurt	46	Yoghurt	46	Yoghurt	46
		Shakshuka with Olive Oil		Broccoli with Olive Oil		Green Beans with Olive Oil		Roasted Eggplant Salad	
		Water Melon		Fruit		Tahini Halva		Fruit	
9 Sep 2019	KAL.	10 Sep 2019	KAL.	11 Sep 2019	KAL.	12 Sep 2019	KAL.	13 Sep 2019	KAL.
Vegetable Soup	220	Wire Noodle Soup	162	Tarhana Soup	215	Strained Lentil Soup	238	Yoghurt Soup	175
BBQ Meatball	239	Mixed Stuffings	238	Chicken Schnitzel	251	Eggplant with Ground Meat	315	Chicken Sauce with Curry Sauce	228
Fresh Beans with Tomato	114	Zucchini with Rice	120	Baked Pea	190	Chickpea	132	Vegetable Graten	205
Spaghetti	210	Water Pastry	228	Bulgur Rice	215	Napoliten Fusulli	231	Rice	215
Red Cabbage Salad		Heydari		Yoghurtlu Pancar Salad		Red Cabbage Salad		Lentil Patties	
Garden Salad		Chef Salad		Carrot Salad		Carrot Salad		Ege Salad	
Carrot Salad		Carrot Salad		Mixed Green Salad		Salad		Carrot Salad	
Yoghurt	46	Yoghurt	46	Yoghurt	46	Yoghurt		Yoghurt	46
Leek with Olive Oil		Pasty		Eggplant with Olive Oil		Patato Salad		Jerusalem Artichoke	
Tahini Halva		Supangle		Fruit		Brownie		Fruit	
16 Sep 2019	KAL.	17 Sep 2019	KAL.	18 Sep 2019	KAL.	19 Sep 2019	KAL.	20 Sep 2019	KAL.
Tarhana Soup	215	Wedding Soup	179	Tomato Soup	238	Yoghurt Soup	175	Corn Soup	205
Mixed Vegetable	260	Chicken Fajita		Roasted Meatball with Puree		Chicken w/ Aubergine Puree		White bean stew with meat	
Cauliflower Graten	213	Mousaka with Tomato		Purslane	165	Baked Vegetables		Spinach with Tomato	168
Pasta with Tomato Souce	280	Rice	215	Rice	220	Bulgur Rice	215	Rice	215
Red Cabbage Salad		Red Cabbage Salad		Yoghurtlu Beet Salad		Carrot Salad		Mixed Pickles	
Carrot Salad		Garden Salad		Aegean Salad		Mixed Pickles		Turplu Roka Salad	
Green Salad		Carrot Salad		Carrot Salad		Chef Salad		Chicken Salad	
Yoghurt	46	Yoghurt	46		46	Yoghurt	46	Yoghurt	46
		Zucchini with Olive Oil Kalye						Leek with Olive Oil	
Fruit		Strawberry Puding		Fruit		Rice Pudding		Fruit	
23 Sep 2019	KAL.	24 Sep 2019	KAL.	25 Sep 2019	KAL.	26 Sep 2019	KAL.	27 Sep 2019	KAL.
Noodle Soup	120	Vegetable Soup	220	Lentil Soup	180	Yoghurt Soup	175	Tomato Soup	240
Patato with Ground Meat	285	Haddie Pane		Albanian Chicken	246	Vegetable Kebab	256	Mixed Stuffings	238

Fresh Beans with Tomato	114	Zucchini with Rice		Cauliflower Graten	213	Spinach Roasting	105	Cabbage Stew	171
Penne Pasta	210	Rice	215	Rice	220	Rice	215	Baked Pasta	215
Red Cabbage Salad		Salad		Carrot Salad		Ege Salad		Carrot Salad	
Garden Salad		Coleslaw		Pickles		Chicken Salad		Green Salad	
Carrot Salad		Carrot Salad		Tomato and Cucumber		Carrot Salad		Red Cabbage Salad	
Yoghurt	46	Yoghurt	46	Yoghurt	46	Yoghurt	46	Yoghurt	46
Eggplant with Olive Oil		Zucchini with Olive Oil Kalye		Leek with Olive Oil		Bulgur Salad		Green Beans with Olive Oil	
Fruit		Banana Puding		Fruit		Şekerpare Desert		Fruit	

30 Sep 2019	KAL.	KAL.	KAL.	KAL.	KAL.	KAL.
Lentil soup	238					
Baked Chicken Baguette	250					
Chickpea	132					
Rice	236					
Apricot Compote						
Ege Salad						
Carrot Salad						
Yoghurt	46					
Broccoli with Olive Oil						
Fruit						